

## DETAILED WAVE SCHEDULE, PART 1

### Wave 1: Middle School Boys

| Category           | Staging Time | Start Time | Lap Count | Estimated Duration |
|--------------------|--------------|------------|-----------|--------------------|
| Male 8th Grade A 1 | 8:45 AM      | 9:00 AM    | 1         | 45 minutes or less |
| Male 8th Grade A 2 | 8:45 AM      | 9:02 AM    | 1         | 45 minutes or less |
| Male 7th Grade A   | 8:45 AM      | 9:05 AM    | 1         | 45 minutes or less |
| Male 6th Grade A   | 8:45 AM      | 9:08 AM    | 1         | 45 minutes or less |
| Male 8th Grade B 1 | 8:55 AM      | 9:11 AM    | 1         | 45 minutes or less |
| Male 8th Grade B 2 | 8:55 AM      | 9:13 AM    | 1         | 45 minutes or less |
| Male 7th Grade B 1 | 8:55 AM      | 9:16 AM    | 1         | 45 minutes or less |
| Male 7th Grade B 2 | 8:55 AM      | 9:18 AM    | 1         | 45 minutes or less |
| Male 6th Grade B 1 | 8:55 AM      | 9:21 AM    | 1         | 45 minutes or less |
| Male 6th Grade B 2 | 8:55 AM      | 9:23 AM    | 1         | 45 minutes or less |

### Wave 2: Middle School Girls

| Category           | Staging Time | Start Time | Lap Count | Estimated Duration |
|--------------------|--------------|------------|-----------|--------------------|
| Female 8th Grade A | 9:40 AM      | 9:50 AM    | 1         | 45 minutes or less |
| Female 8th Grade B | 9:40 AM      | 9:52 AM    | 1         | 45 minutes or less |
| Female 7th Grade 1 | 9:40 AM      | 9:55 AM    | 1         | 45 minutes or less |
| Female 7th Grade 2 | 9:40 AM      | 9:57 AM    | 1         | 45 minutes or less |
| Female 6th Grade 1 | 9:50 AM      | 10:00 AM   | 1         | 45 minutes or less |
| Female 6th Grade 2 | 9:50 AM      | 10:02 AM   | 1         | 45 minutes or less |

### Wave 3: High School Freshman, JV2 and JV1 Girls

| Category        | Staging Time | Start Time | Lap Count | Estimated Duration |
|-----------------|--------------|------------|-----------|--------------------|
| Female JV1      | 10:23 AM     | 10:33 AM   | 2         | 75 minutes or less |
| Female Freshman | 10:23 AM     | 10:36 AM   | 2         | 75 minutes or less |
| Female JV2      | 10:23 AM     | 10:39 AM   | 2         | 75 minutes or less |

## DETAILED WAVE SCHEDULE, PART 2

### Wave 4: High School JV2 Boys

| Category   | Staging Time | Start Time | Lap Count | Estimated Duration |
|------------|--------------|------------|-----------|--------------------|
| Male JV2 A | 11:31 AM     | 11:46 AM   | 2         | 75 minutes or less |
| Male JV2 B | 11:31 AM     | 11:48 AM   | 2         | 75 minutes or less |
| Male JV2 C | 11:31 AM     | 11:50 AM   | 2         | 75 minutes or less |
|            |              |            |           |                    |

### Wave 5: High School Freshman Boys

| Category        | Staging Time | Start Time | Lap Count | Estimated Duration |
|-----------------|--------------|------------|-----------|--------------------|
| Male Freshman A | 12:44 PM     | 12:57 PM   | 2         | 75 minutes or less |
| Male Freshman B | 12:44 PM     | 12:59 PM   | 2         | 75 minutes or less |
|                 |              |            |           |                    |

### Wave 6: High School JV1 Boys

| Category   | Staging Time | Start Time | Lap Count | Estimated Duration |
|------------|--------------|------------|-----------|--------------------|
| Male JV1 A | 1:55 PM      | 2:08 PM    | 2         | 75 minutes or less |
| Male JV1 B | 1:55 PM      | 2:10 PM    | 2         | 75 minutes or less |
| Male JV1 C | 1:55 PM      | 2:12 PM    | 2         | 75 minutes or less |
|            |              |            |           |                    |

### Wave 7: High School Varsity Boys and Girls

| Category       | Staging Time | Start Time | Lap Count | Estimated Duration |
|----------------|--------------|------------|-----------|--------------------|
| Male Varsity   | 3:09 PM      | 3:17 PM    | 3         | 90 minutes or less |
| Female Varsity | 3:18 PM      | 3:24 PM    | 3         | 90 minutes or less |