

amboree

JUG MOUNTAIN RANCH

September 22-23, 2023

Ver. 3.1 9/20/2023

NICA FIVE CORE PRINCIPLES

- Fun
- Inclusivity
- Equity
- Respect
- Community



VENUE DESCRIPTION

We are returning to Jug Mountain Ranch in McCall for the 2023 season race #5. The Course and venue layout will be similar as 2023 and will take advantage of some of the state's premier single track winding through the meadows and Ponderosa forest at the base of Jughandle Mountain. The venue offers something for everyone: beginners can enjoy the rolling, buffed out singletrack while experts have plenty of opportunities for technical features and fast flowy descents.



ADDRESS AND DIRECTIONS

Jug Mountain Ranch 13834 Farm to Market Road McCall, ID 83638 (208) 634-5072 LINK TO GOOGLE DIRECTIONS



REGISTRATION

Race registration closes the Monday September 18th at midnight

All student-athletes must be both 'Practice Ready' AND 'Race Ready' in the Pit Zone in order to participate in the race.

THERE IS NO ON-SITE REGISTRATION

Students will receive both a race plate and a category bib to use for the entire race series, so please take care of them. Race plates have chips on the back and require care to avoid damage.

DO NOT LOSE YOUR RACE PLATE!

There is a \$20 fee to replace race plates if lost, or forgotten.

Jug Mountain/Course

2023 course will be a little different from 2022, but will have most of the same trails as part of the loop.

PARKING

- Vehicles must park in the designated areas identified with signs at the venue and as shown on the venue map
- All vehicles must abide by the instructions of parking volunteers and/or league staff. Any violators risk imposition of penalties against their respective teams
- Handicap parking is available in the lower parking area adjacent to the infield
- Vehicles must use the designated loading/unloading zone and immediately move to designated parking areas after unloading at the Pit Zone area
- Vehicles must follow one-way directional traffic in/out of Pit Zone drop off area (see venue map)
- Access in/out of the lower parking and Pit Zone area will be controlled up until 6:00PM on Friday evening and throughout the day on Saturday. Vehicles MUST STOP AND CHECK IN WITH THE ATTENDANT AT THE ENTRY POINT AND WAIT TO BE CLEARED TO CONTINUE INTO THE PARKING AND PIT ZONE AREAS
- Camping is Friday and Saturday nights only. Camping load in strats Friday at 9:30am. And all campers must be out of Camping by 10 am Sunday mourning.
- Friday Morning 9am volunteers can access infield parking at 8am

IMPORTANT INFORMATION

Download waiver <u>here</u>.
All Must Sign

Pay special attention to all maps and instructions in this flyer. No trailers over 26' in length will be allowed into camping/parking.





WEEKEND SCHEDULE

Friday	F	ri	d	а	٧
--------	---	----	---	---	---

9:00 AM Volunteer Shifts Begin

12:00 PM Pit Zone Access Open—Teams Assigned Time Slots Based On Volunteer #s

12:00 PM Registration opens

1:30 PM Pre-Ride Open to all riders

(Everyone on course must be registered & have a number plate affixed to their bikes)

4:00 PM GRiT Only Pre-Ride Open - Color Explosion

• (Everyone on course must be registered & have a number plate affixed to their bikes)

4:25 PM GRiT Only Pre-Ride Closes

6:45 PM Pre-Ride Closed (No riders will be allowed on the course after pre-ride closes)

6:45 PM Check-In Closes

Saturday

7:10 AM Check-In Opens

7:30 AM Pre-Ride Open (Riders must be registered and have a number plate affixed to their bikes)

8:00 AM Team Director / Head Coach Meeting (Mandatory attendance for representative from each team)

8:30 AM Pre-Ride Closed (No riders will be allowed on the course after pre-ride closes)

9:00 AM Racing Begins (See detailed start schedule for category start times)

1:15 PM Check-In Closes

5:15 PM Racing Concludes after Varsity Race Concludes

5:30 PM Pit Zone Break Down Begins After Varsity Race Concludes

Awards Awards Ceremony—After Pitzone Tear Down

PRE-RIDE

Pre-Ride Hours

Friday afternoon (1:00 PM-6:45 PM)
Saturday morning (7:30 AM-8:30 AM)

All racers should pre-ride the course

RIDERS MUST ADHERE TO ANY COURSE RESTRICTIONS

GRiT Pre-Ride is from 4-5pm Friday...

Meet at the GRiT Tent at 3:50pm

TO BE ON COURSE DURING PRE-RIDE, ALL RIDERS (STUDENTS AND REGISTERED LEVEL 1/2/3 COACHES) MUST BE FULLY PRACTICE READY / LICENSED IN THE PIT ZONE AND HAVE THEIR NUMBER PLATES AFFIXED TO THEIR BIKES

NO UN-REGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE AT ANY TIME

Riders should use warm-up area shown on map and use extreme caution while crossing roads.

PIT-ZONE INFORMATION AND NICA RULES

NO VEHICLE/TRAILER PARKING IN PIT ZONE

- Total of 2 vehicles/trailers per team will be allowed to park in parking area 1. Parking will be near your pit.
- NoSmoking, Alcohol, BBQ's, Dogs or open flames in Pits
- No inappropriate language allowed in Pit Zone
- Conflicts shall not be dealt with in the Pit Zone
- NO BIKE RIDING ALLOWED IN THE PIT ZONE
- ATHLETES ONLY IN STAGING AREA—No Parents nor coaches are allowed to enter staging area.
- Teams must remove all garbage from Pit Zone and camping areas and place into provided dumpster.
- Generators are allowed for the rest of 2023, but will not be allowed in 2024. Please try to limit generator use in pitzone

All riders, coaches and parents are responsible for knowing and abiding by the NICA rulebook. Rule violations may result in individual and/or team penalties. The current version of the NICA rulebook can be found HERE.





DETAILED WAVE SCHEDULE

WAVE 1: MIDDLE SCHOOL						
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES	
8th Grade Boys A	8:45 AM	9:00 AM	1	45 minutes or less	8000-8134	
7th Grade Boys A	8:45 AM	9:03AM	1	45 minutes or less	7000-7159	
6th Grade Boys A	8:45 AM	9:06 AM	1	45 minutes or less	6000-6108	
8th Grade Boys B A	8:50 AM	9:09 AM	1	45 minutes or less	8000-8134	
8th Grade Boys B B	8:50 AM	9:11 AM	1	45 minutes or less	8000-8134	
7th Grade Boys B A	8:50 AM	9:15 AM	1	45 minutes or less	7000-7159	
7th Grade Boys B B	8:50 AM	9:17 AM	1	45 minutes or less	7000-7159	
6th Grade Boys B	8:53 AM	9:19 AM	1	45 minutes or less	6000-6108	
8th Grade Girls	9:37 AM	9:45 AM	1	45 minutes or less	8500-8565	
7th Grade Girls	9:37 AM	9:48 AM	1	45 minutes or less	7500-7583	
6th Grade Girls	9:37 AM	9:51 AM	1	45 minutes or less	6500-6558	
Party Lap	10:11 AM	10:21 AM	1	45 minutes or less		

WAVE 2: FRESHMAN, JV2 & JV1 GIRLS

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
JV1 Girls	10:40 AM	10:50 AM	2	75 minutes or less	400-499
Freshman Girls	10:40 AM	10:53 AM	2	75 minutes or less	1200-1235
JV2 Girls	10:40 AM	10:56 AM	2	75 minutes or less	800-849

WAVE 3: HIGH SCHOOL JV2 BOYS

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
JV2 A*	11:51 AM	12:03 PM	2	75 minutes or less	900-1050
JV2 B*	11:51 AM	12:05 AM	2	75 minutes or less	900-1050
JV2 C*	11:51 AM	12:07 AM	2	75 minutes or less	900-1050

^{*} High School category A/B split start groups will be implemented on a race by race basis for any category with 75+ racers. Rider start group assignment will be determined by current series standings. Results will be calculated based on overall time from group start time to race finish.

WAVE 4: HIGH SCHOOL FRESHMAN BOYS

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
Freshman Boys A*	1:00 PM	1:12 PM	2	75 minutes or less	1300-1415
Freshman Boys B*	1:00 PM	1:14 PM	2	75 minutes or less	1300-1415
Freshman Boys C*	1:00 PM	1:16 PM	2	75 minutes or less	1300-1415

WAVE 5: HIGH SCHOOL JV1 BOYS

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
JV1 A*	2:11 PM	2:23 PM	2	75 minutes or less	500-699
JV1 B*	2:11 PM	2:25 PM	2	75 minutes or less	500-699

WAVE 6: HIGH SCHOOL VARSITY BOYS AND GIRLS

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
Varsity Boys	3:26 PM	3:32 PM	3	90 minutes or less	150-399
Varsity Girls	3:31 PM	3:37 PM	3	90 minutes or less	1-149







IICL RACE DURATION GUIDELINES

Racers will turn laps on this scenic course, with the following Race Duration Guldelines for each category:

- <45 mins for Middle School
- <75 mins High School
- <90 mins Varsity

Student-athletes may be asked to withdraw at the finish line after time limits have been reached. Race officials reserve the right to determine these time limits at anytime. Time limits may be imposed for reasons that include, among others: safety, heat, cold, rain, muddy conditions, clearing the course, and relieving course marshals. Course closures may be announced at anytime and do not need to be announced in advance.

Racers who do not make the time limit cut-off will still be scored and ranked.

Due to the elevation, weather and challenging terrain of Idaho League courses, these duration guidelines may be changed at IICL discretion.

VOLUNTEERS NEEDED

Race day would not be possible without the incredible work of our volunteers. It takes a "village" to put on quality youth mountain bike races. Many parents and cycling enthusiasts find that getting involved with our events is a fun and rewarding experience.

Friday and Saturday positions are available

We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are fun and straight forward. With the help of our training videos <u>HERE</u> and onsite review with one of our core-staff members, you'll feel confident and well-prepared volunteering for a race. So pick one (or two) that sound interesting to you, and look forward to the fun!

CLICK HERE TO VOLUNTEER FOR ANY OF THE RACES

TEAM PIT ZONE ACCESS TIMES FOR SITE SELECTION/SET-UP WILL BE BASED ON THE NUMBER OF VOLUNTEERS EACH TEAM PROVIDES AND TO BE COUNTED TOWARD YOUR TEAM TOTAL, YOU MUST REGISTER USING THE LINK ABOVE. FOR EVERY 6 "PRACTICE READY" REGISTERED STUDENT-ATHLETES ON YOUR TEAM, YOU NEED TO PROVIDE 1 VOLUNTEER.



Teams must remove all garbage from Pit Zone and Camping and put in designated dumpster. If the dumpster is full, please take trash home.





CAMPING AND HOTELS

Camping is available at Jug Mountain Ranch free of charge on Friday and Saturday nights, however no trailers, campers nor rv's over 26' in length will be allowed into the camping/parking areas.

No early camping, Aka Thursday.

ALL TRAILERS/CAMPERS/RVs OVER THIS LIMIT MUST CAMP/PARK IN OTHER LOCATIONS OFFSITE.

Additional lodging can be found in Cascade and McCall approximately 30 minutes from the venue and limited USFS camping is available in the surrounding area.

IMPORTANT JUG MOUNTAIN RANCH CAMPING NOTES

No campers/trailers/RV's over 26' in length will be allowed into the camping/Pit Zone area Water is limited at this venue, plan to bring enough water for the duration of the weekend Portable toilets will be provided in the Pit Zone and camping areas.

No fires, or charcoal grills allowed at venue—GAS STOVES ALLOWED IN CAMPING AREA

Teams must remove all garbage from Pit Zone and camping. Dumpster may or may not be on site.

FOOD AND WATER

- Jug Mountain Ranch will have on-site food throughout the weekend at the clubhouse, Please call ahead and takeout is encouraged.
- Water is limited in the infield.
- No BBQ's or open flames are allowed in the Pit Zone or camping area—GAS STOVES ONLY IN CAMPING

CONTACT INFORMATION

For questions related to the following topics, please contact the appropriate IICL staff person:

General League Questions:

Eddie Freyer, League Director: eddie@idahomtb.org

Race/Venue Specific Questions:

Alex Phipps, Race Director: alex@idahomtb.org

Rule Specific Questions:

Jeff Mullens, Chief Official: jeffm@idahomtb.org

Registration Specific Questions:

Jessica Leavitt, Registration Manager: jessical@idahomtb.org

Please note that most staff arrive onsite Wednesday or Thursday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.

IICL POLICIES AND PROTOCOLS

It is each persons responsibility to read, understand and abide by all IICL policies, rules and protocols while attending any IICL event:

Idaho League Rule Book



Information in this race flyer is subject to change.
Please check back just prior to the race weekend to
make sure you have the most current information available for the upcoming event.

SEE YOU AT THE RACES!





VENUE OVERVIEW MAP (CLICK IMAGE TO LINK TO INTERACTIVE MAP)







