

# Grand Charge



**GRAND TARGHEE  
BIKE PARK**

**September 8-9, 2023**

Ver. 3.4  
9/7/2023

## NICA FIVE CORE PRINCIPLES

- Fun
- Inclusivity
- Equity
- Respect
- Community



## Race #3—Grand Charge : Race Weekend Guide

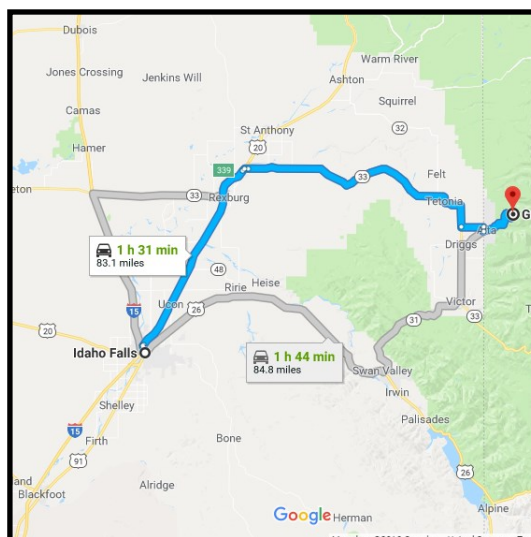
### VENUE DESCRIPTION

Grand Targhee Resort will host race #3 of the 2023 season. With an uphill start, riders will race for the hole shot as the course dives up between buildings. Then it's roller coaster riding on purpose built trails through the beautiful meadows and aspens surrounding Grand Targhee Resort. Plenty of passing opportunities open up on this course as racers alternate between single track and dirt roads all while giving spectators plenty of chances to cheer on their favorite racers. Plan to spend the rest of the weekend riding the trails at this incredible resort destination mountain bike haven!



### ADDRESS AND DIRECTIONS

Grand Targhee Resort  
3300 East Ski Hill Rd. Alta, WY (307) 353-2300  
[LINK TO GOOGLE DIRECTIONS](#)



### PARKING

- Vehicles must park in the designated areas identified with signs at the venue and as shown on the venue map
- All vehicles must abide by the instructions of parking volunteers and/or league staff. Any violators risk imposition of penalties against their respective teams
- Handicap parking is available in GTR Main Parking Area
- A total of up to 2 vehicles/trailers per team will be allowed to park in Permit Camping/Pit Zone Parking (see venue map)
- Vehicles must use the designated loading/unloading zone and immediately move to designated parking areas after unloading at the Pit Zone area
- Vehicles must follow one-way directional traffic in/out of Pit Zone drop off area (see venue map)

### PIT ZONE ACCESS

Team Pit Zone selection and set-up will be regulated and times will be assigned based on the number of volunteers provided by each team. Team Directors will receive a report on the Thursday prior to each race indicating the assigned Pit Zone access times. Teams will not be allowed to enter the Pit Zone area to claim a site, nor set up their team Pit Zone space until after their assigned time has passed.

### REGISTRATION

Race registration closes the Monday September 4th at midnight. All student-athletes must be both 'Practice Ready' AND 'Race Ready' in the Pit Zone in order to participate in the race.

**\*\*THERE IS NO ON-SITE REGISTRATION\*\***

Students will receive both a race plate and a category bib to use for the entire race series, so please take care of them. Race plates have chips on the back and require care to avoid damage.

**DO NOT LOSE YOUR RACE PLATE!**

There is a \$20 fee to replace race plates if lost, or forgotten.

### 2023 Course update

New Course...Back to the Old Finish Line!...Back to the Old Start Shoot!

2023 Will be Great!

### IMPORTANT INFORMATION

Grand Targhee Resort requires all attendees sign a supplemental waiver. The waiver can be found [HERE](#)

## WEEKEND SCHEDULE

### Friday

<b>9:00 AM</b>	Volunteer Shifts Begin
<b>12:00 PM</b>	Pit Zone Access Open—Teams Assigned Time Slots Based On Volunteer #s
<b>12:00 PM</b>	Registration opens
<b>1:00 PM</b>	Pre-Ride Open to all riders <ul style="list-style-type: none"> <li>(Everyone on course must be registered &amp; have a number plate affixed to their bikes)</li> </ul>
<b>4:00 PM</b>	GRiT Only Pre-Ride Open - Crazy Sock Theme <ul style="list-style-type: none"> <li>(Everyone on course must be registered &amp; have a number plate affixed to their bikes)</li> </ul>
<b>4:25 PM</b>	GRiT Only Pre-Ride Closes
<b>7:00 PM</b>	Pre-Ride Closed (No riders will be allowed on the course after pre-ride closes)
<b>7:00 PM</b>	Check-In Closes

### Saturday

<b>7:00 AM</b>	Check-In Opens
<b>7:30 AM</b>	Pre-Ride Open (Riders must be registered and have a number plate affixed to their bikes)
<b>8:00 AM</b>	Team Director /Head Coach Meeting (Mandatory attendance for representative from each team)
<b>8:30 AM</b>	Pre-Ride Closed (No riders will be allowed on the course after pre-ride closes)
<b>9:00 AM</b>	Racing Begins (See detailed start schedule for category start times)
<b>1:15 PM</b>	Check-In Closes
<b>5:15 PM</b>	Racing Concludes after Varsity Race Concludes
<b>5:30 PM</b>	Pit Zone Break Down Begins After Varsity Race Concludes
<b>Awards</b>	Awards Ceremony—After Pitzone Tear Down

## PRE-RIDE

### Pre-Ride Hours

**Friday afternoon (1:00 PM–7:00 PM)**

**Saturday morning (7:30 AM–8:30 AM)**

All racers should pre-ride the course

**RIDERS MUST ADHERE TO ANY COURSE RESTRICTIONS**

GRiT Pre-Ride is from 4-5pm Friday...

Meet at the GRiT Tent at 3:50pm

**TO BE ON COURSE DURING PRE-RIDE, ALL RIDERS (STUDENTS AND REGISTERED LEVEL 1/2/3 COACHES) MUST BE FULLY PRACTICE READY / LICENSED IN THE PIT ZONE AND HAVE THEIR NUMBER PLATES AFFIXED TO THEIR BIKES**

**NO UN-REGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE AT ANY TIME**

Riders should use warm-up area shown on map and use extreme caution while crossing roads.

## PIT-ZONE INFORMATION AND NICA RULES

### NO VEHICLE/TRAILER PARKING IN PIT ZONE

- Total of **2 vehicles/trailers** per team will be allowed to park in **parking area 1** and will be controlled with a permit system.
- No Smoking, Alcohol, BBQ's, Dogs or open flames in Pit Zone
- No inappropriate language allowed in Pit Zone
- Conflicts shall not be dealt with in the Pit Zone
- NO BIKE RIDING ALLOWED IN THE PIT ZONE**
- ATHLETES ONLY IN STAGING AREA**—No Parents nor coaches are allowed to enter staging area.
- Teams must remove all garbage from Pit Zone and camping areas and place into provided dumpster.

All riders, coaches and parents are responsible for knowing and abiding by the NICA rulebook. Rule violations may result in individual and/or team penalties. The current version of the NICA rulebook can be found [HERE](#).

**DETAILED WAVE SCHEDULE**

**WAVE 1 : MIDDLE SCHOOL**

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
8th Grade Boys A	8:45 AM	9:00 AM	1	45 minutes or less	8000-8134
7th Grade Boys A1	8:45 AM	9:03AM	1	45 minutes or less	7000-7159
7th Grade Boys A2	8:45 AM	9:05AM	1	45 minutes or less	7000-7159
6th Grade Boys A	8:50 AM	9:07AM	1	45 minutes or less	6000-6108
8th Grade Boys B1	8:50 AM	9:10 AM	1	45 minutes or less	8000-8134
8th Grade Boys B2	8:50 AM	9:12 AM	1	45 minutes or less	8000-8134
7th Grade Boys B1	8:53 AM	9:15 AM	1	45 minutes or less	7000-7159
7th Grade Boys B2	8:53 AM	9:17 AM	1	45 minutes or less	7000-7159
6th Grade Boys B	8:53 AM	9:20 AM	1	45 minutes or less	6000-6108
8th Grade Girls 1	9:32 AM	9:40 AM	1	45 minutes or less	8500-8565
8th Grade Girls 2	9:32 AM	9:42 AM	1	45 minutes or less	8500-8565
7th Grade Girls 1	9:32 AM	9:45 AM	1	45 minutes or less	7500-7583
7th Grade Girls 2	9:32 AM	9:47AM	1	45 minutes or less	7500-7583
6th Grade Girls 1	9:32 AM	9:49 AM	1	45 minutes or less	6500-6558
6th Grade Girls 2	9:32 AM	9:51 AM	1	45 minutes or less	6500-6558

Party Lap	10:11 AM	10:21 AM	1	45 minutes or less	
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**WAVE 2 : FRESHMAN, JV2 & JV1 GIRLS**

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
JV1 Girls	10:40 AM	10:50 AM	2	75 minutes or less	400-499
JV2 Girls A	10:40 AM	10:53 AM	2	75 minutes or less	800-849
JV2 Girls B	10:40 AM	10:55 AM	2	75 minutes or less	800-849
Freshman Girls	10:40 AM	10:58 AM	2	75 minutes or less	1200-1235

**WAVE 3 : HIGH SCHOOL JV2 BOYS**

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
JV2 A*	11:51 AM	12:03 PM	2	75 minutes or less	900-1050
JV2 B*	11:51 AM	12:05 AM	2	75 minutes or less	900-1050
JV2 C*	11:51 AM	12:07 AM	2	75 minutes or less	900-1050
JV2 D*	11:51 AM	12:09 AM	2	75 minutes or less	900-1050

\* High School category A/B split start groups will be implemented on a race by race basis for any category with 75+ racers. Rider start group assignment will be determined by current series standings. Results will be calculated based on overall time from group start time to race finish.



**DETAILED WAVE SCHEDULE**

**WAVE 4 : HIGH SCHOOL FRESHMAN BOYS**

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
Freshman Boys A*	1:00 PM	1:12 PM	2	75 minutes or less	1300-1415
Freshman Boys B*	1:00 PM	1:14 PM	2	75 minutes or less	1300-1415
Freshman Boys C*	1:00 PM	1:16 PM	2	75 minutes or less	1300-1415
Freshman Boys D*	1:00 PM	1:18 PM	2	75 minutes or less	1300-1415

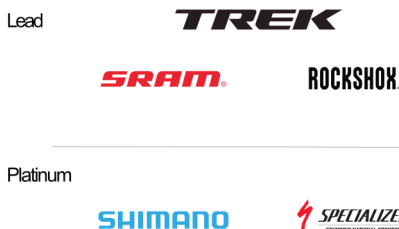
**WAVE 5 : HIGH SCHOOL JV1 BOYS**

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
JV1 A*	2:11 PM	2:23 PM	2	75 minutes or less	500-699
JV1 B*	2:11 PM	2:25 PM	2	75 minutes or less	500-699
JV1 C*	2:11 PM	2:27 PM	2	75 minutes or less	500-699

**WAVE 6 : HIGH SCHOOL VARSITY BOYS AND GIRLS**

CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES
Varsity Boys A	3:25 PM	3:32 PM	3	90 minutes or less	150-399
Varsity Boys B	3:25 PM	3:34 PM	3	90 minutes or less	150-399
Varsity Girls	3:31 PM	3:38 PM	3	90 minutes or less	1-149

## NATIONAL AND LEAGUE SPONSORS



## IICL RACE DURATION GUIDELINES

Racers will turn laps on this scenic course, with the following **Race Duration Guidelines** for each category:

- <45 mins for Middle School
- <75 mins High School
- <90 mins Varsity

Student-athletes may be asked to withdraw at the finish line after time limits have been reached. Race officials reserve the right to determine these time limits at anytime. Time limits may be imposed for reasons that include, among others: safety, heat, cold, rain, muddy conditions, clearing the course, and relieving course marshals. Course closures may be announced at anytime and do not need to be announced in advance.

Racers who do not make the time limit cut-off will still be scored and ranked.

Due to the elevation, weather and challenging terrain of Idaho League courses, these duration guidelines may be changed at IICL discretion.

## VOLUNTEERS NEEDED

Race day would not be possible without the incredible work of our volunteers. It takes a "village" to put on quality youth mountain bike races. Many parents and cycling enthusiasts find that getting involved with our events is a fun and rewarding experience.

**Friday and Saturday positions are available**

We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are fun and straight forward. With the help of our training videos [HERE](#) and onsite review with one of our core-staff members, you'll feel confident and well-prepared volunteering for a race. So pick one (or two) that sound interesting to you, and look forward to the fun!

CLICK [HERE](#) TO VOLUNTEER FOR ANY OF THE RACES

TEAM PIT ZONE ACCESS TIMES FOR SITE SELECTION/SET-UP WILL BE BASED ON THE NUMBER OF VOLUNTEERS EACH TEAM PROVIDES AND TO BE COUNTED TOWARD YOUR TEAM TOTAL, YOU MUST REGISTER USING THE LINK ABOVE. FOR EVERY 6 "PRACTICE READY" REGISTERED STUDENT-ATHLETES ON YOUR TEAM, YOU NEED TO PROVIDE 1 VOLUNTEER.

## NOTICE



**Keep  
dogs on  
a leash**

**Teams must remove all  
garbage from Pit Zone  
and Camping and put  
in designated dump-  
ster. If Dumper is full,  
Do Not leave on the  
Ground!**

### CAMPING AND HOTELS

Lodging and camping are available at Grand Targhee Resort. For resort lodging call the reservations department at 307-353-2300. Camping is available at Grand Targhee Resort for no additional charge and this includes Thursday-Saturday nights.

Reservations fees must be paid directly with Grand Targhee Resort.

Additional lodging can be found in Driggs and Victor approximately 30 minutes from the venue and limited USFS camping is available in the surrounding area.

#### **IMPORTANT GRAND TARGHEE CAMPING NOTES**

There are no showers available for campers

All large trailers/RV's must use lower gravel parking lot (shown on map) and a RV Parking Form will be required [[HERE](#)]

No fires, or charcoal grills allowed at venue—GAS STOVES ALLOWED IN CAMPING AREA

**Teams must remove all garbage from Pit Zone and camping areas. Dumpster is onsite. Dumpster full?? Do not leave on Ground!**

### FOOD AND WATER

- GTR will have on-site food during Friday's pre-ride and Saturday's race. Please come prepared to provide meals for students, coaches and parents on your teams.
- There is water available onsite.
- No BBQ's or open flames are allowed in the Pit Zone

### IICL POLICIES AND PROTOCOLS

It is each persons responsibility to read, understand and abide by all IICL policies, rules and protocols while attending any IICL event:

[Idaho League Rule Book](#)



### CONTACT INFORMATION

For questions related to the following topics, please contact the appropriate IICL staff person:

#### **General League Questions:**

Eddie Freyer, League Director: [eddie@idahomtb.org](mailto:eddie@idahomtb.org)

#### **Race/Venue Specific Questions:**

Alex Phipps, Race Director: [alex@idahomtb.org](mailto:alex@idahomtb.org)

#### **Rule Specific Questions:**

Jeff Mullens, Chief Official: [jeffm@idahomtb.org](mailto:jeffm@idahomtb.org)

#### **Registration Specific Questions:**

Jessica Leavitt, Registration Manager: [jessical@idahomtb.org](mailto:jessical@idahomtb.org)

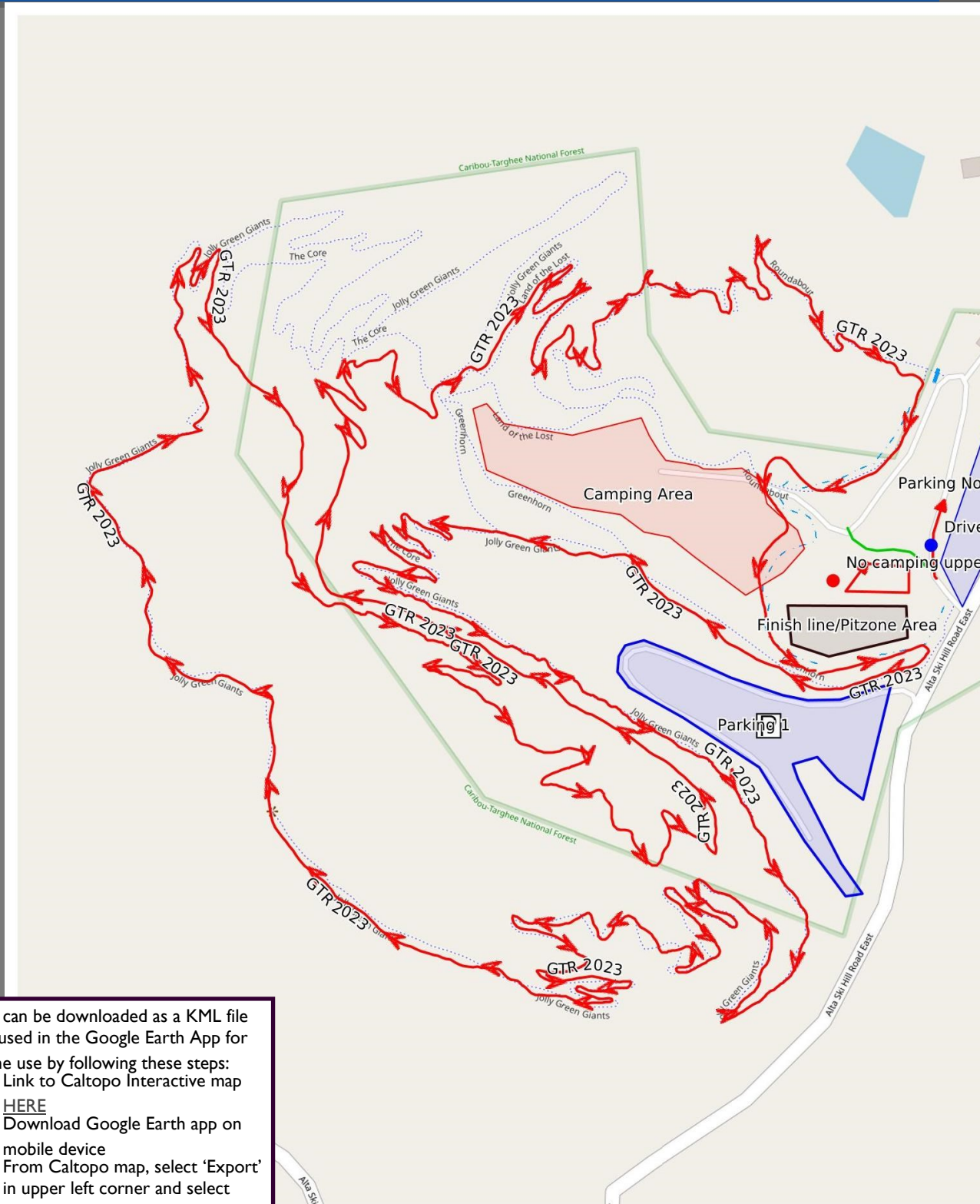
Please note that most staff arrive onsite Wednesday or Thursday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.

**Information in this race flyer is subject to change.  
Please check back just prior to the race weekend to  
make sure you have the most current information avail-  
able for the upcoming event.**

**SEE YOU AT THE RACES !**



**VENUE OVERVIEW MAP - Course 2023**



Map can be downloaded as a KML file and used in the Google Earth App for offline use by following these steps:

- 1) Link to Caltopo Interactive map [HERE](#)
- 2) Download Google Earth app on mobile device
- 3) From Caltopo map, select 'Export' in upper left corner and select 'Download KML File'
- 4) Use Google Earth app on mobile device to open downloaded KML file of venue.

0.1 0.2 0.3 0.4 0.5 0.6 km  
0.1 0.2 0.3 mi  
Scale 1:5255 1 inch = 438 feet

