

# **88**

# sngog



October 6-7, 2023

Ver. 4 10/4/2023

#### **NICA FIVE CORE PRINCIPLES**

- Fun
- Inclusivity
- Equity
- Respect
- Community



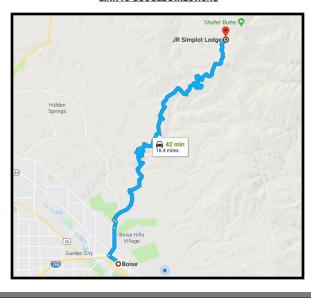
#### **VENUE DESCRIPTION**

Another great venue for the 2023 season, Bogus Basin is hosting our State Championship race for season #7. The trails at Bogus Basin are some of the best that Idaho has to offer with the added bonus of being only 45 minutes from downtown Boise. This race course is going to be challenging this season. We will start and finish near the Main Lodge area, not far from Pits. After a long hole shot we will race down the backside. We will then climb back to the top before hitting Student Rider a super fun decent back to the start finish area. Racers had better come prepared for the Bogus Boss climb.



#### **ADDRESS AND DIRECTIONS**

Bogus Basin - Boise, ID (208) 332-5100 LINK TO GOOGLE DIRECTIONS



#### **PARKING**

- Vehicles must park in the designated areas identified with signs at the venue and as shown on the venue map
- All vehicles must abide by the instructions of parking volunteers and/or league staff. Any violators risk imposition of penalties against their respective teams
- Handicap parking is available behind the JR Simplot Lodge, adjacent to the Pit Zone area.
- Vehicles must use the designated loading/unloading zone and immediately move to designated parking areas after unloading at the Pit Zone area
- No vehicles will be allowed to directly enter the Pit Zone area.
- No Stakes in the Pit Zone area
- Athlete Waiver—Paper Link on Website—Here

#### **REGISTRATION/Food At Bogus**

Online

#### registration closes the Monday before each race at 12:00 midnight

Students must be league registered and "race-ready" for the upcoming race prior to this date in order to participate.

#### \*\*THERE IS NO ON-SITE REGISTRATION\*\*

DO NOT LOSE YOUR RACE PLATE!

Students will receive both a race plate and a category bib for the race series, both will be used for all races, so please take care of them. Race plates have chips on the back and require care to avoid damage.

There is a \$20 fee to replace race plates if lost, or forgotten.

#### Food Service at Bogus!

- Fri- Food and Beverage Services available inside Simplot Lodge-11:00 am-7:00 pm- Burgers, fries, chicken tenders, sandwiches, snacks, full bar
- Sat- Breakfast available inside Simplot Lodge- 7:00 am 11:00 am- biscuits and gravy, breakfast burritos, pastries, breakfast pot pies, quesadillas, hashbrowns, coffee, etc.

Lunch/Dinner available inside Simplot Lodge- 11:00 am- 7:00 pm- Burgers, fries, chicken tenders, sandwiches, snacks, full bar

#### IMPORTANT INFORMATION

Due to underground irrigation in the team Pit Zone area:

NO STAKES CAN BE USED TO SECURE TENTS TO THE GROUND

Teams must bring sufficient weight to anchor tents to the ground. A minimum of 40lbs per leg should be used to secure the tent to the ground.

"It is inspiring to see the growing number of youth riders on the local trail systems. This is due in no small part to the success of NICA. Bogus Basin is proud to host the NICA Idaho State Championship Race and look forward to weekend!"

Brad Wilson, Bogus Basin GM





#### **WEEKEND SCHEDULE**

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9:00 AM Volunteer Shifts Begin

12:00 PM Pit Zone Access Open—Teams Assigned Time Slots Based On Volunteer #s

12:00 PM Registration opens

1:00 PM Pre-Ride Open to all riders

(Everyone on course must be registered & have a number plate affixed to their bikes)

4:00 PM GRiT Only Pre-Ride Open - American Theme

(Everyone on course must be registered & have a number plate affixed to their bikes)

4:30 PM GRiT Only Pre-Ride Closes

6:30 PM Pre-Ride Closed (No riders will be allowed on the course after pre-ride closes)

6:30 PM Check-In Closes

**Saturday** 

7:00 AM Check-In Opens

7:30 AM Pre-Ride Open (Riders must be registered and have a number plate affixed to their bikes)

8:00 AM Team Director / Head Coach Meeting (Mandatory attendance for representative from each team)

8:30 AM Pre-Ride Closed (No riders will be allowed on the course after pre-ride closes)

9:00 AM Racing Begins (See detailed start schedule for category start times)

1:15 PM Check-In Closes

4:30 PM Racing Concludes after Varsity Race Concludes

4:30 PM Pit Zone Break Down Begins After Varsity Race Concludes

Awards Awards Ceremony—After Pitzone Tear Down

#### **PRE-RIDE**

#### **Pre-Ride Hours**

Friday afternoon (1:00 PM-6:30 PM)
Saturday morning (7:30 AM-8:30 AM)

All racers should pre-ride the course
RIDERS MUST ADHERE TO ANY COURSE RESTRICTIONS

GRiT Pre-Ride is from 4-5pm Friday...
Meet at the GRiT Tent at 3:50pm

TO BE ON COURSE DURING PRE-RIDE, ALL RIDERS (STUDENTS AND REGISTERED LEVEL 1/2/3 COACHES) MUST BE FULLY PRACTICE READY / LICENSED IN THE PIT ZONE AND HAVE THEIR NUMBER PLATES AFFIXED TO THEIR BIKES

NO UN-REGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE AT ANY TIME

Riders should use warm-up area shown on map and use extreme caution while crossing roads.

#### **PIT-ZONE INFORMATION AND NICA RULES**

#### NO VEHICLE/TRAILER PARKING IN PIT ZONE

- Total of 2 vehicles/trailers per team will be allowed to park in parking area 1 and will be controlled with a permit system.
- No Smoking, Alcohol, BBQ's, Dogs or open flames in Pit Zone
- No inappropriate language allowed in Pit Zone
- Conflicts shall not be dealt with in the Pit Zone
- NO BIKE RIDING ALLOWED IN THE PIT ZONE
- ATHLETES ONLY IN STAGING AREA—No Parents nor coaches are allowed to enter staging area.
- Teams must remove all garbage from Pit Zone and camping areas and place into provided dumpster.

All riders, coaches and parents are responsible for knowing and abiding by the NICA rulebook. Rule violations may result in individual and/or team penalties. The current version of the NICA rulebook can be found HERE.





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#### DETAILED WAVE SCHEDULE—subject to change

3:18 PM

**Varsity Girls** 

3:24 PM

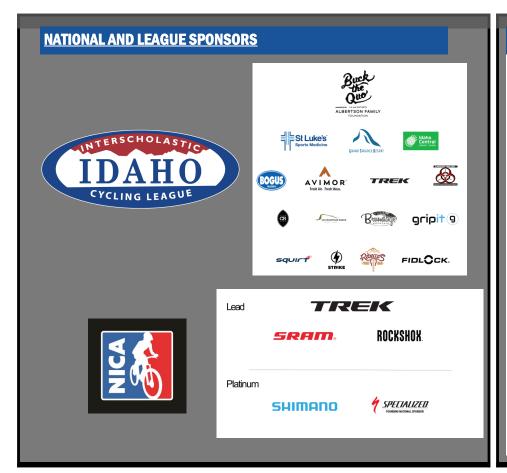
3

90 minutes or less

DETAILED WAVE SCHE	<u>DULE—subject t</u>	<u>o change</u>								
WAVE 1: MIDDLE SCHOOL										
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES					
8th Grade Boys A	8:45 AM	9:00 AM	1	45 minutes or less	8000-8134					
7th Grade Boys A	8:45 AM	9:03AM	1	45 minutes or less	7000-7159					
6th Grade Boys A	8:45 AM	9:06 AM	1	45 minutes or less	6000-6108					
8th Grade Boys B A	8:45 AM	9:09 AM	1	45 minutes or less	8000-8134					
8th Grade Boys B B	8:45 AM	9:11 AM	1	45 minutes or less	8000-8134					
7th Grade Boys B A	8:45 AM	9:14 AM	1	45 minutes or less	7000-7159					
7th Grade Boys B B	8:45 AM	9:16 AM	1	45 minutes or less	7000-7159					
6th Grade Boys B	8:45 AM	9:19 AM	1	45 minutes or less	6000-6108					
8th Grade Girls A	9:40 AM	9:50 AM	1	45 minutes or less	8500-8565					
8th Grade Girls B	9:40 AM	9:52 AM	1	45 minutes or less	8500-8565					
7th Grade Girls A	9:40 AM	9:55 AM	1	45 minutes or less	7500-7583					
7th Grade Girls B	9:40 AM	9:57 AM	1	45 minutes or less	7500-7583					
6th Grade Girls	9:40 AM	10:00 AM	1	45 minutes or less	6500-6558					
WAVE 2 : FRESHMAN, JV2 & JV1 GIRLS										
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES					
JV1 Girls	10:23 AM	10:33 AM	2	75 minutes or less	400-499					
Freshman Girls	10:23 AM	10:36 AM	2	75 minutes or less	1200-1235					
JV2 Girls	10:23 AM	10:39 AM	2	75 minutes or less	800-849					
WAVE 3: HIGH SC	WAVE 3: HIGH SCHOOL JV2 BOYS									
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES					
JV2 A	11:31 AM	11:46 AM	2	75 minutes or less	900-1050					
JV2 B	11:31 AM	11:48 AM	2	75 minutes or less	900-1050					
JV2 C	11:31 AM	11:50 AM	2	75 minutes or less	900-1050					
JV2 D	11:31 AM	11:52 AM	2	75 minutes or less	900-1050					
WAVE 4 : HIGH SCHOOL FRESHMAN BOYS										
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES					
Freshman Boys A	12:42 PM	12:57 PM	2	75 minutes or less	1300-1415					
Freshman Boys B	12:42 PM	12:59 PM	2	75 minutes or less	1300-1415					
Freshman Boys C	12:42 PM	1:01 PM	2	75 minutes or less	1300-1415					
WAVE 5 : HIGH SCHOOL JV1 BOYS										
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES					
JV1 A*	1:55 PM	2:08 PM	2	75 minutes or less	500-699					
JV1 B*	1:55 PM	2:10 PM	2	75 minutes or less	500-699					
WAVE 6: HIGH SCHOOL VARSITY BOYS AND GIRLS										
CATEGORY	STAGING TIME	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE # SERIES					
Varsity Boys A	3:11 PM	3:17 PM	3	90 minutes or less	150-399					
Varsity Boys B	3:11 PM	3:19 PM	3	90 minutes or less	150-399					







#### **IICL RACE DURATION GUIDELINES**

Racers will turn laps on this scenic course, with the following Race Duration Guldelines for each category:

- <45 mins for Middle School</li>
- <75 mins High School</li>
- <90 mins Varsity</li>

Student-athletes may be asked to withdraw at the finish line after time limits have been reached. Race officials reserve the right to determine these time limits at anytime. Time limits may be imposed for reasons that include, among others: safety, heat, cold, rain, muddy conditions, clearing the course, and relieving course marshals. Course closures may be announced at anytime and do not need to be announced in advance.

Racers who do not make the time limit cut-off will still be scored and ranked.

Due to the elevation, weather and challenging terrain of Idaho League courses, these duration guidelines may be changed at IICL discretion.

#### **VOLUNTEERS NEEDED**

Race day would not be possible without the incredible work of our volunteers. It takes a "village" to put on quality youth mountain bike races. Many parents and cycling enthusiasts find that getting involved with our events is a fun and rewarding experience.

#### Friday and Saturday positions are available

We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are fun and straight forward. With the help of our training videos <u>HERE</u> and onsite review with one of our core-staff members, you'll feel confident and well-prepared volunteering for a race. So pick one (or two) that sound interesting to you, and look forward to the fun!

CLICK HERE TO VOLUNTEER FOR ANY OF THE RACES

TEAM PIT ZONE ACCESS TIMES FOR SITE SELECTION/SET-UP WILL BE BASED ON THE NUMBER OF VOLUNTEERS EACH TEAM PROVIDES AND TO BE COUNTED TOWARD YOUR TEAM TOTAL, YOU MUST REGISTER USING THE LINK ABOVE. FOR EVERY 6 "PRACTICE READY" REGISTERED STUDENT-ATHLETES ON YOUR TEAM, YOU NEED TO PROVIDE 1 VOLUNTEER.



Teams must remove all garbage from Pit Zone and Camping and put in designated dumpster. If the dumpster is full, please take trash home.





#### **CAMPING AND HOTELS**

Camping - Primitive camping is available at Bogus Basin in the areas identified on the interactive map. Portable toilets will be placed in the camping locations, but all campers should arrive self-sufficient with water and all other camping supplies.

Onsite Lodging Available - Contact Pioneer Condo's Reservation Desk at 208.332.5200 or 866.799.3823.

Hotels - Rooms are available in Boise, ID approximately 45 minutes away. Please call in advance to check for availability and to make reservations.

No Campfires Per Bogus Basin

IT IS THE RESPONSIBILITY OF EVERY CAMPER TO MONITOR CURRENT FIRE RESTRICTIONS AND ADHERE TO ALL REGULATIONS POSTED BY THE USFS. INFORMATION REGARDING CURRENT RESTRICTIONS CAN BE FOUND HERE

Teams must remove all garbage from Pit Zone and camping areas whether or not a dumpster is onsite.

#### **FOOD AND WATER**

- Bogus Basin will have on-site food throughout the weekend
- There is drinking water available onsite, but plan to bring sufficient containers to transport water
- Patio area reserved for Double R Ranch BBQ Smokehouse customers only. No sack or picnic lunches allowed on dining patio
- Bathrooms will be open at Simplot Lodge and Bike Wash available during the event.

#### **CONTACT INFORMATION**

For questions related to the following topics, please contact the appropriate IICL staff person:

#### **General League Questions:**

Eddie Freyer, League Director: eddie@idahomtb.org

#### Race/Venue Specific Questions:

Alex Phipps, Race Director: alex@idahomtb.org

#### **Rule Specific Questions:**

Jeff Mullens, Chief Official: jeffm@idahomtb.org

#### **Registration Specific Questions:**

Jessica Leavitt, Registration Manager: jessical@idahomtb.org

Please note that most staff arrive onsite Wednesday or Thursday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.

#### **IICL POLICIES AND PROTOCOLS**

It is each persons responsibility to read, understand and abide by all IICL policies, rules and protocols while attending any IICL event:

Idaho League Rule Book



Information in this race flyer is subject to change.
Please check back just prior to the race weekend to
make sure you have the most current information available for the upcoming event.

SEE YOU AT THE RACES!





